

Channel Guide

Spring/Summer 2014



All channels are subject to coverage and may be changed from time to time. Aerial upgrade and/or received may be required. Check your coverage on freeview.co.uk/availability

Freeview

How good is that?

TV Channels

General Entertainment

Freeview

How good is that?

1 **BBC One** 

Regional Variations:

BBC One NI
BBC One Scotland
BBC Wales

2 **BBC Two** 

Regional Variations:

BBC Two NI
BBC Two Scotland
BBC Two Wales

3 **ITV** 

Regional Variations:

ITV Wales
STV
UTV

4 **Channel 4** 

Regional Variations:

S4/C (Wales)

5 **Channel 5** 

6 **ITV2** 

7 **BBC Three** 
19:00 - 05:30

8 **England: Local TV**
Scotland: BBC Alba 
Wales: Channel 4

9 **BBC Four** 
19:00 - 05:30

10 **ITV3** 

11 **Pick** 

12 **Dave** 
07:00 - 03:00

13 **Channel 4+1** 

14 **More4** 

15 **Film4** 

16 **QVC** 

17 **Really** 
08:00 - 02:00


18 **4Music** 

19 **Yesterday** 

20 **Drama** 

21 **Viva** 

22 **Ideal World** 
05:00 - 00:00

23 **bid** 
(Not available in Wales)

24 **ITV4** 

TV Channels

General Entertainment

Freeview

How good is that?

27 ITV2 +1 


28 E4 

29 E4+1 

30 5*
06:00 - 00:00 

31 5 USA
06:00 - 04:00 

32 Movie Mix 

33 ITV +1
Regional Variations:
STV+1
UTV+1 


34 ITV3 +1
18:00 - 00:00 

35 QVC Beauty
08:00 - 13:00 

36 Create & Craft
06:00 - 04:00 

37 Price-drop
08:00 - 00:00 


38 Quest 


39 The Store
00:00 - 04:00 

40 Rocks & Co 1
08:00 - 02:00 

41 Food Network 


42 Travel Channel
18:00 - 22:00 

43 Gems TV 

44 Channel 5 +1 

45 Film4+1 

46 Challenge 

47 4 Seven
09:15 - 05:00 Mon-Fri
09:00 - 05:00 Sat-Sun 

48 Movies4Men 

49 Jewellery Channel
12:00 - 00:00 

54 ITV4 +1
04:00 - 06:00 Mon-Fri only 

55 Channel 5 +24 

57 Quest+1 

61 True Entertainment
06:00 - 03:00 (not in Wales) 

General Entertainment continued

63 Community Channel  02:00 - 08:00

66 CBS Reality 

64 BonanzaBonanza* 

*Only available in certain towns and cities. Please check freeview.co.uk/availability.

Children's

70 CBBC  05:30 - 19:00

73 CBBC HD  07:00 - 19:00

71 CBeebies  05:30 - 19:00

74 CBeebies HD  06:00 - 19:00

72 CITV  06:00 - 18:00

75 Pop* 

HD channels only available with a Freeview HD TV, box or recorder. CBeebies HD will be available to 70% of the population by June 2014. Check coverage at freeview.co.uk/availability.

*Only available in certain towns and cities. Please check freeview.co.uk/availability.

News

80 BBC News 

83 Al Jazeera English 

81 BBC Parliament 

84 Al Jazeera Arabic** 

82 Sky News 

85 RT 

**Al Jazeera Arabic only available with a Freeview HD box, TV or recorder and coverage at your address. Check freeview.co.uk/availability

TV Channels

Freeview

How good is that?

Freeview HD

(Channels only available with a Freeview HD box, TV or recorder)

101 BBC One HD



Regional Variations:

BBC One HD NI
BBC One HD Scotland
BBC One HD Wales

105 BBC Three HD
19:00 - 04:00



106 BBC Four HD*
19:00 - 04:00



102 BBC Two HD



107 BBC News HD*



103 ITV HD



Regional Variations:

STV HD
UTV HD



108 Al Jazeera English HD*



109 Community Channel HD*



104 Channel 4 HD



*These channels will be available to 70% of the UK by June 2014. Check coverage at freeview.co.uk/availability

Local TV Channels

Throughout 2014 new local channels will launch on channel 8 in England and channel 26 in Scotland & Northern Ireland.

8 Estuary TV

Available in Grimsby, North
Lincolnshire and East Yorkshire



8 Mustard

Covering the greater Norwich
area



8 London Live

Covering the Greater
London area



Manchester Area Only Channels

50 Movies4Men+1

60 Fire Hit TV

53 Lahme

62 Heart TV

56 Capital TV

Radio Stations

Freeview

How good is that?

700 BBC Radio 1



715 Magic



701 BBC R1X



716 heat



702 BBC Radio 2



717 Kerrang!
08:00 - 04:00



703 BBC Radio 3



718 Smooth Radio



704 BBC Radio 4



719 BBC Radio Scotland
BBC Radio Ulster
BBC Radio Wales

705 BBC R5L



720 BBC Radio nan Gaidheal
BBC Radio Cymru
BBC Radio Foyle

706 BBC R5SX



707 BBC 6 Music



723 talkSPORT



708 BBC Radio 4 Extra



724 Capital FM



709 BBCAsian Network



725 Premier Christian
Radio



710 BBC World Service



726 U105
(N. Ireland only)



711 The Hits Radio



727 Absolute Radio



712 KISS FRESH



728 Heart
(not in Scotland)



713 Kiss



730 Insight Radio



714 KISSTORY



Text Services

- | | | | |
|------------|----------------|------------|--------------|
| 200 | BBC Red Button | 204 | 1-2-1 Dating |
| 201 | Holidays TV | 206 | Sky Text |
| 202 | Rabbit | 207 | Kiss Me TV |
| 203 | Gay Rabbit | 208 | Proud Dating |

Streamed Channels

Only available with a compatible Freeview HD box or TV - 2012 model onwards; broadband required

- | | | | |
|------------|-------------------------|------------|--------------------|
| 225 | VISION | 234 | Connect 4 |
| 226 | CCTV | 237 | Peace TV |
| 227 | Sports | 238 | VuTV (pay service) |
| 229 | Propeller TV | 239 | Sonlife |
| 231 | Racing TV (pay service) | 240 | Motors TV |

Interactive

- 301** 
RED BUTTON

Please note: this is not an exhaustive list of channels. Unless otherwise stated, channels broadcast 24 hours.

How to check for new or missing channels

To make sure that you are receiving the most up to date channels and services you should regularly retune your equipment. Check your manual or go to freeview.co.uk/retune for more information.

For more information on channels available on Freeview please visit:
freeview.co.uk/channels